

CHESHIRE EAST COUNCIL

Health and Well-being Scrutiny Committee

Date of Meeting: Thursday 6th September
Report of: Cheshire and Wirral Partnership NHS Foundation Trust (CWP)
Subject/Title: Community Mental Health Service Redesign

1.0 Report Summary

1.1 This report is to brief committee members on the Cheshire and Wirral Partnership NHS Foundation Trust (CWP) Community Mental Health Service Redesign.

2.0 Recommendation

2.1 That committee members note the report and comment on CWP's approach to the Community Mental Health Service Redesign public consultation commencing in September 2012.

3.0 Reasons for Recommendations

3.1 To progress the programme proposals and consultation as outlined in the report.

4.0 Wards Affected

4.1 All

5.0 Local Ward Members

5.1 Not applicable

6.0 Policy Implications

6.1 Not applicable at this stage

7.0 Financial Implications (Authorised by the Director of Finance and Business Services)

7.1 None for the local authority.

8.0 Legal Implications (Authorised by the Borough Solicitor)

8.1 None for the local authority.

9.0 Risk Management

9.1 There have been comprehensive impact assessments undertaken including an Equality Impact Assessment. We have used these assessments to inform the evaluation process we plan to put in place to monitor the proposed service change to:

- demonstrate the benefits outlined in the consultation are achieved and
- potential adverse impacts are minimised.

10.0 Background

10.1 This briefing provides an outline of the forthcoming consultation on the proposed changes to trust-wide community mental health services provided by Cheshire and Wirral Partnership NHS Foundation Trust.

10.2 CWP are proposing to introduce the 'Stepped Approach to Recovery' (StAR). This model has emerged as the preferred model of service delivery following an assessment of a number of alternative models in use nationally, and consideration of the outcomes of the various stakeholder engagement and improvement events held earlier in 2011. These assessments and events identified that improvements were required in respect of

- Access to services
- Enhancing the focus on recovery
- Making more effective use of staff resources

The StAR model is firmly based on the concept of recovery, already adopted across CWP focussing on enabling a person's recovery as they progress through the pathway. If approved, the proposed changes will have a significant impact on the way the community mental health service meets the needs of service users in the future. This model focuses on:

- Recovery, health and well-being – including new well-being centres and nurse-led clinics
- Community teams will be structured in line with a stepped approach to recovery care pathway: 'Access', 'Recovery', 'Review'
- Matching the staff skill required with the needs of our service users; and wherever possible by people working in multi-disciplinary teams around individuals and their families
- Local variation to meet local needs (rather than a rigid model, local areas can adapt the model to meet the needs of local people)
- Evidence based interventions – this includes psychosocial interventions, cognitive behavioural therapy, individual counselling and family work aimed to deliver positive outcomes and demonstrate value for money
- Care Programme Approach – this is the framework which supports individual care, promoting social inclusion and recovery

10.3 The proposed changes to trust-wide community mental health services will go through consultation with both the public (running for three months from September 10th to December 3rd 2012) and with affected Trust staff (for three months starting 3rd October 2012). The public consultation will seek feedback

from service users, carers, our foundation trust membership and partner organisations. The outcomes of the consultations will inform decisions on the way forward and subsequent changes will be implemented from January 2013.

- 10.4 The review is happening as part of the NHS efficiency saving requirements, of which the Trust has to achieve over £13m of savings over the next three years. The review of the community mental health service is part of this process. It is in keeping with CWP's earlier consultation where we received support for redesigning care pathways and new ways of working (for example nurse-led clinics) in our public consultation in 2010: *"Developing high quality services through efficient design."*
- 10.5 The scale of the proposed changes is such that the staff employed within the service will be reduced and new ways of working introduced. Measures will be taken to reduce the need for any compulsory staff redundancies. Discussions with affected staff will continue into December 2012.
- 10.6 The public consultation on the proposed changes will take several forms. This will include a paper based document and questionnaire, an on-line questionnaire, and a series of public meetings held locally. Invitations to these will be extended to anyone with an interest in the developments. The meetings will be hosted and attended by senior officers from the Trust who will present an overview of the proposed changes, and will answer any arising questions and queries. The local meeting for East Cheshire will be held on Wednesday 31st October, 1.30pm at Macclesfield Football Club.
- 10.7 The full consultation document will be circulated to committee members on Monday 10th September.

11.0 Access to Information

The background papers relating to this report can be inspected by contacting the presenting officer:

Name: Andy Styring
Designation: Director of Operations
Tel No: 01244 397371
Email: andy.styring@cwps.nhs.uk